



Simple healthy food preparation lessons...

But first we get your attention!

Audition Overview – ilove2cooknaked.com

Would you love to be an instructor at ilove2cooknaked.com?

We are regularly auditioning vibrant women for roles on the show; while appearance is important, character is of greater value. Can you have fun being naked while teaching viewers about healthy eating habits? Can you try new recipes with other instructors and bring joy to the kitchen? Do you really believe that healthy eating is important and have knowledge of your own to share?

Apply now for an audition with ilove2cooknaked.com

Auditions are unpaid. We reserve the right to purchase publication rights for audition material for \$100 which will be added to the payment for your first production day. We will only publish audition material of instructors who appear on the show.

What to expect

For the auditions a small crew will be present (director, photographer, video camera, soundperson, set assistant). Each audition follows a similar routine, outlined below.

Those selected from the audition process will be offered a contract for a one-time role as Food Preparation Instructor; in addition to the ten-hour shooting day, we will require some discussion by telephone as we plan the lessons that you will teach. The signing of a contract and model release form for the one-day production will occur prior to beginning. Instructors will be paid an agreed rate (minimum \$600) upon completion of the production day.

Future Potential

Since the web site requires continuous content, you may be invited back for additional shoots dependent upon the success of your first shoot and member response.

Description of Role

The scenario for videos will be in a kitchen, though a simple backdrop may be used for the audition. The lead character has entered the kitchen and delivers a healthy food preparation lesson to the audience (the camera). In the comfort of her own home she removes her clothes and continues the lesson. She knows that the audience is watching and uses their focused attention to share knowledge that is good for them.

Some production days involve two women working together in the kitchen. Interaction is fun and playful; there is no sexual interaction or contact. Naked friends making food...during duo production days, instructors may do solo presentations along with shared screen time. At your audition you will only be doing a solo presentation.

There are a few things that we hope to uniquely represent on this site:

First is the representation of females as intelligent individuals with knowledge to share. Though the nudity will draw attention, communication will be at an intellectual level and focused on teaching the lesson. Different from many other sites, our hosts are both unique and EMPOWERED. Goddess energy sharing important knowledge!

In a recent discussion on Oprah.com, author Laure Redmond said 'Being comfortable naked is the ultimate expression of self-confidence. If you're okay with being nude, you can take yourself anywhere in the world.' Throughout your lesson we hope to see expressions of comfort, joy and playfulness while confidently sharing valuable information. Nudity is NOT pornography and this production will not be sexual in nature. It is okay to acknowledge your nakedness, but you are there to teach a lesson.

In the city of Toronto, every country in the world has representation. On ilove2cooknaked.com we will celebrate multiculturalism and individuality. When we decide which twelve women will be offered contracts for spring productions, we will be considering cultural backgrounds to ensure a diverse group. If you aren't chosen for the first productions, please remember that we may contact you again for future productions. We begin production with twelve unique women; more will be required this year.

Finally, the representation of food will always contribute to a healthy balanced holistic diet. Many different cultures and dietary styles will be included, all prepared with health in mind. There will be no sauces on our asparagus! We intend on influencing the way that North Americans perceive food... with your help we will get their attention first.

Audition Sequence

The audition consists of four segments; interview (clothed); photographs (clothed); presentation (naked); photographs (naked). Each segment will be recorded and later edited for release if you are hired and paid. Please use only your first name or screen name while in the audition studio. Each audition will follow a similar routine.

Short interview

We will start by talking to you about what you might do if you were lead instructor in a one-day production. Your interview will be video recorded and a similar set of questions will be asked of each participant. Though your background may bring skills that we appreciate, we are more conscious of your presence. Tell us about your interest in healthy food preparation. Tell us why you would love to do this production.

All material posted on the site will only state first name; you may select a pseudonym for your screen character as long as your real name appears on the model release form. Please state only your first name or screen name throughout the audition sequence.

Anticipated Interview time: 5 minutes

Photographs - Clothed

A portrait studio with backdrop is setup in the audition room. For the first photograph please hold up the card/slate with your audition number (we will give it to you then). We will then take a series of photographs: full frontal, full left side, full back, full right side, ¾ frontal.

Video Demonstration

Each participant will be provided with a short demonstration topic. When you arrive for your audition you will be asked to choose from various simple food presentations; we will have all the required materials on hand. You will be provided with some basic information to include in your 2-3 minute demonstration. Previous auditions have included such topics as raspberries, strawberries, tomatoes and cinnamon.

Please note: While some scripted lines and lesson information will be provided, much of the verbal communication will be ad-libbed. Have some fun with the audience while teaching them a basic skill that is good for them. The mood is playful and informative; flirtatious rather than blatantly suggestive. Be sexy rather than sexual. We are not looking for rehearsed characters; just be yourself and teach a lesson. Don't worry about making mistakes; we will do more than one take of your presentation.

Audition Script

Opening segment:

Begin segment clothed. Camera at upper body shot. Mood is confident and cheerful.

“Hello my name is... and I can teach you how to eat healthy at ilove2cooknaked.com”

Remove top and smile for camera. Hold pose for five seconds.

Continue to undress until naked. You may retain shoes if you desire. A chair and coat rack are available on the set for your clothes. Clothes should be removed rather quickly; while some flirting with the camera is appropriate, undressing is not meant to be extended.

Middle segment: Give food preparation demonstration as outlined in your presentation kit. Delivery of the lesson is the most important element of the middle segment. This segment should be about two minutes in length. The lesson plan will be included in your demonstration kit and will be projected on a screen for you during the presentation.

Closing segment: (in front of demonstration table, pose with food)

” Today you have learned about xxx; it is easy and good for you. Do it this week and remember you learned it from (state your screen name) at ilove2cooknaked.com”

Anticipated total video demonstration: 5 minutes

Reminder: Please use only your first name or screen name during the audition sequence.

Photographs - Naked

Same routine as clothed photographs.

What to wear for audition

Everyday outfits that look nice. You can wear your street clothes or you will have an opportunity to change prior to your audition. A blouse, a t-shirt, a summer dress, a sweater or a jacket; skirt or pants; undergarments or not, even a housecoat or robe. For the scene, you are just someone who is coming into the kitchen to prepare food. The outfit does not need to be overtly sexual, just attractive and easy to remove.

How are auditions being evaluated?

Screen Presence: The most important element of the audition is vibrancy of presentation. We are looking for instructors who are confident teaching a lesson and sharing knowledge with the audience. Is your voice clear and passionate? Is your body language confident? Would the audience accept you as an expert on healthy food preparation (even if you aren't)?

Presentation Skills: Since there will be much verbal communication, we are looking for women with good presentation skills. You do not need to be a seasoned professional, just someone who can teach a lesson effectively. We will provide the lesson plans; besides a few scripted lines you can ad-lib throughout delivery of the lesson.

Attractiveness: Every person selected for an audition is considered attractive enough for the show. We are not looking for perfection, just overall good impression. We intend on hiring women with a variety of healthy body types and ethnic backgrounds. Tattoos are okay but not required.

Comfort with Nudity: For much of the shooting day, the instructor will be naked or wearing minor accessories. This should not be a big deal. The lesson should be taught the same way naked or clothed. It is appropriate to acknowledge your nudity during the presentation and even tease the audience a bit, but the real point of the presentation is to get their attention and teach a lesson.

Basic Food Knowledge: While we will be providing factual details that we would like you to include in your presentation (they will not be difficult topics), the audience will be able to discern your comfort and confidence. We don't expect you to be an expert, but ability to speak about healthy eating would be nice.

We hope to make your audition a comfortable and fun experience. We look forward to meeting you!

To apply for audition, please send an email telling us about yourself. We would appreciate the attachment of pictures or a web link where pictures are available. Auditions are held in the Greater Toronto Area.

Auditions@ilove2cooknaked.com

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